

What to do if a person is symptomatic?*

SECTION 1

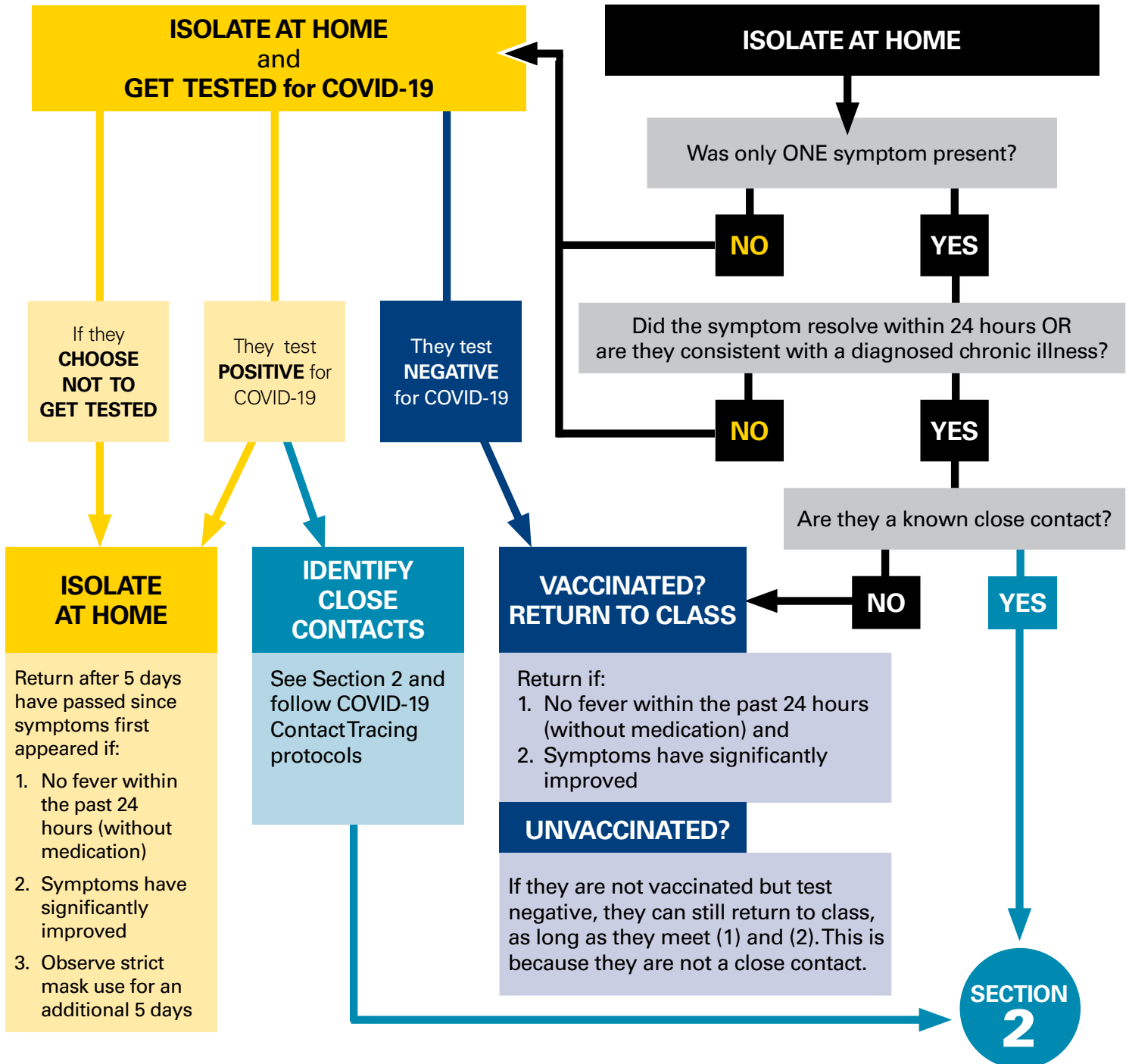
*If you have any symptoms, stay home.

If a person has one or more of these symptoms:

- Fever $\geq 100.4^{\circ}\text{F}$ or chills
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Cough (new, changed, or worsening)

If a person has one or more of these symptoms:

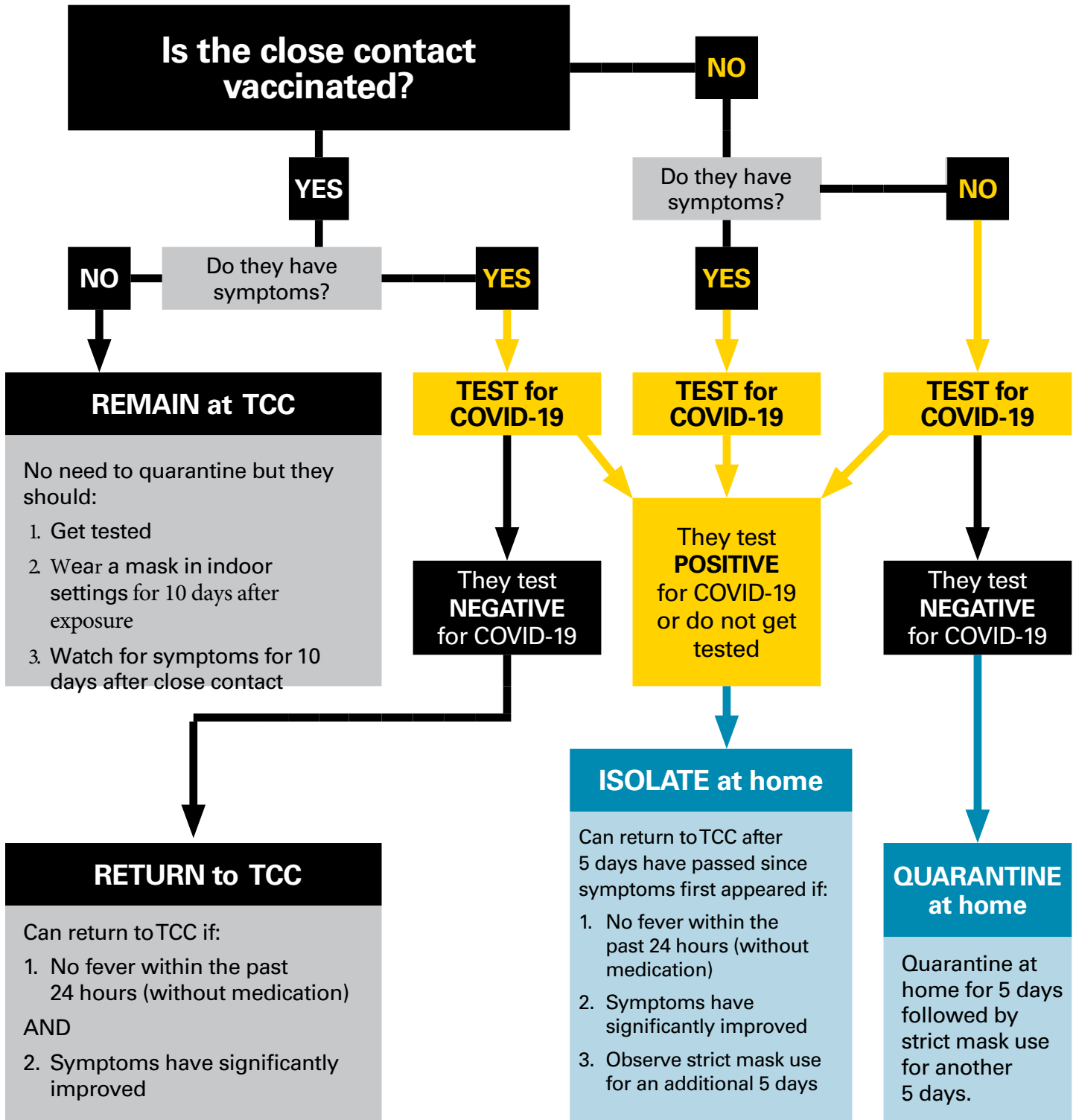
- Congestion or runny nose
- Nausea, vomiting, or diarrhea
- Headache
- Fatigue
- Sore throat



**SECTION
2**

Identify and Care for COVID-19 Close Contacts at TCC

Close contacts are defined as being within six feet of a positive COVID-19 case for a cumulative 15 minutes over a 24 hour period.



COVID-19 Contact Tracing Checklist at TCC

1. Staff members (Instructor, Dean or Supervisor) report a positive confirmed case to [Brandon Kilgore](#).
2. COVID Contact Tracing Coordinator, Brandon Kilgore, will respond to the case with assistance from the response team:
 - Wayne Mask, Melissa McCarthy, Rachel Payne, Tamyra Howser
 - Shawn McRavin to provide HR support for employees who are affected
3. Team member will contact the staff member to begin contact tracing process to determine the following:
 - Time and date and location of exposure
 - When to get tested (current recommendation is 5 days after exposure)
 - Vaccination status
 - Work with staff member to determine contagious period of the case
 - Identify and contact close contacts with instructions ([see toolkit for details](#)) of next steps regarding the [need to test, quarantine or isolate](#).
 - Work with Deans and/or supervisor to determine next steps with classroom and/or workplace operations.
 - Work with Communications team to determine what message to share with students/employees, if necessary.
 - Team member to track close contacts' status and record case in tracking spreadsheet
4. Upon agreement by all parties, team member to close case.

Definitions:

Close contact: Anyone within six feet for 15 minutes cumulative time of a positive case over 24 hours in a 24-hour time period.

Quarantine: You quarantine for a minimum of 5 days after the exposure date, and observe strict mask use for an additional 5 days per [CDC guidelines](#).

Isolate: You isolate for 5 days followed by strict mask use for an additional 5 days after you have been infected with the virus.

[Read here](#) for more information about quarantine vs. isolation.

For TCC information about Covid-19, visit:

- [The Safe Re-Opening Plan](#)
- [Return to Campus Toolkit](#)
- [Safe Start and Vax Requirements](#)

Two additional resources:

- [What to do if you test positive for COVID-19](#)
- [What to do if you were potentially exposed to someone with with COVID-19](#)